

## Volunteering for a year in France September 2020 to summer 2021

VISA-AD offers more than 300 volunteering missions in various locations in France and abroad.

VISA-AD develops long term (10-12 months) voluntary missions in the areas of social action, education, solidarity, culture, the environment and health.

Here is an overview of our missions, mainly in Alsace but also round France:

## Missions with children

#### - Home for children

The volunteer will take part in the children's daily lives (aged from 0 to 18 years old): getting up, going to bed, meal times, diverse activities (cooking, outings to the swimming-pool or trekking), helping out with homework... A typical day will unfold like a day spent in a hosting family, with two meal times: a break in the morning and one other in the afternoon.

#### - Nursery

The volunteer will work with children from 2.5 months to 3 years old (some children have disabilities). He will take part to the daily life and participate to all the activities (artistic expression, cooking and outside games...).

He could also propose activities or workshops, especially to share his culture, as cooking, musical activity, cultural activity... The volunteer will also help to organise new projects for children and their parents.

#### - Schools

Conditions: girl candidates aged more than 21 years old

The volunteer will be integrated in the School Life Activities team, in order to guide a pupil/student during the following activities:

- participating to socio-cultural or sportive activities
- homework support, help, accompaniment and follow-up
- organization of activities along with the School Life Activities team
- learning about life and organization at high school, meeting teachers, partners of the school

## Missions in retirement home

The volunteer will participate in the following tasks: - in the morning: helping on getting-up, with the breakfast, to get about, reading the newspaper, visiting the residents in their rooms for a chat or helping them to read the newspaper... - in the afternoon: the activities are realized with the institution's activity leader and two contributors from outside (music activities, soft gymnastics, lottery and memory games, handicrafts and decorations...).

# Missions with handicapped people

The volunteer participates in the common life of the house, brings a relational and reassuring presence to people and promotes a good understanding between them. He accomplishes a certain number of tasks (everyday gestures, shopping, support outside the home), contributing to educational action (participation in the observation and reflection, respect and implementation of the benchmarks set in the personalized project), by participating in housework and in the animation of the life of the house (meals, cleaning, laundry, relaxation activities).

# Mission in animation and communication

In connection with the team, the volunteer will participate in:

- The organization, development and implementation of activities and activities adapted to the different audiences hosted at the Rimlishof: discovery class, seniors, people with disabilities, associations, etc.

- Welcoming and group animation
- Service and dishes for groups
- Entertainment (sports, games, etc.) for children from families of asylum seekers

Depending on the profile of the volunteer, the mission can also include a more cultural and artistic component by participating in the creation and implementation of artistic actions, by facilitating the participation of all actors in the preparation and conduct of these actions and by ensuring the link between the various stakeholders (public, partners, providers and team in place).

If interested please contact: raphaelle@visa-ad.org